

STONE BRIDGE HIGH SCHOOL WRESTLING 2015 - 2016

November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>NO SCHOOL</i>	3 <i>NO SCHOOL</i> <i>No Open Mat</i>	4	5 <i>Open Mat</i> <i>4-5:30pm</i> ATHLETIC PAPERWORK DUE	6	7
8	9 <i>Practice</i> <i>4-6pm</i>	10 <i>Practice</i> <i>4-6pm</i>	11 <i>Practice</i> <i>4-6pm</i>	12 <i>Practice</i> <i>4-6pm</i>	13 <i>Practice</i> <i>4-6pm</i>	14 <i>Practice</i> <i>12-1:30pm</i> <i>Hydration Test</i> <i>2pm</i>
15	16 <i>Practice</i> <i>4-6pm</i>	17 <i>Practice</i> <i>4-6pm</i>	18 <i>Practice</i> <i>4-6pm</i>	19 <i>Practice</i> <i>4-6pm</i> <i>Picture Day, 4pm</i> <i>Parent Meeting</i> <i>@SBHS Cafeteria</i> <i>6:30pm</i>	20 <i>Practice</i> <i>4-6pm</i>	21 <i>Practice</i> <i>7-9am</i>
22	23 <i>Practice</i> <i>4-6pm</i>	24 <i>Practice</i> <i>4-6pm</i>	25 NO SCHOOL <i>No Practice</i>	26 NO SCHOOL THANKSGIVING <i>No Practice</i>	27 NO SCHOOL <i>Practice</i> <i>6-8pm</i>	28 <i>Scrimmage</i> <i>@SBHS Aux Gym</i> <i>10am-12pm</i>
29	30 WRESTLE-OFFS <i>4-6pm</i>					

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December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Practice 4-6pm	2 Varsity Practice 4-6pm JV @ Potomac Falls 4:30pm - Bus Leaves 6-9pm - Wrestling	3 Practice 4-6pm	4 Practice 4-6pm	5 Massanutten Inv. @ Mas. Military Aca. 5:45am - Bus 7am - Weigh Ins 9am - Wrestling
6	7 Practice 4-6pm	8 Varsity Practice 4-6pm JV @ JEB Stuart HS 4pm - Bus Leaves 6-9pm - Wrestling	9 Practice 4-6pm	10 Practice 4-6pm	11 Nova Classic @ Fairfax HS 7am - Bus 8am - Weigh Ins 10am - Wrestling	12 Nova Classic @ Fairfax HS 7:30am - Bus 8:30am - Weigh Ins 9:30am - Wrestling
13	14 Varsity Practice 4-6pm JV @ SBHS 6-9pm	15 Practice 4-6pm	16 Practice 4-6pm	17 Practice 4-6pm	18 LCPS Championships @ Rock Ridge HS 2pm - Bus Leaves 2:30pm - Weigh Ins 4pm - Wrestling	19 LCPS Championships @ Rock Ridge HS 8am - Bus Leaves 8:30am - Weigh Ins 10am - Wrestling
20	21 NO SCHOOL Practice 4-6pm	22 NO SCHOOL Practice 4-6pm	23 NO SCHOOL Practice 4-6pm	24 NO SCHOOL No Practice	25 NO SCHOOL CHRISTMAS No Practice	26 No Practice
27	28 NO SCHOOL Practice 4-6pm	29 NO SCHOOL Spartan Slam @ Broad Run HS 8am - Weigh Ins 9am - Wrestling	30 NO SCHOOL Spartan Slam @ Broad Run HS 8am - Weigh Ins 9am - Wrestling	31 NO SCHOOL NEW YEARS EVE Practice 4-6pm		

STONE BRIDGE HIGH SCHOOL WRESTLING 2015 - 2016

January 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 NO SCHOOL NEW YEAR'S DAY No Practice	2 Practice 7-9am
3	4 Practice 4-6pm	5 Practice 4-6pm	6 vs. Pot. Falls HS @PFHS 4:15pm - Bus Leaves 5pm - Weigh Ins 6pm - Wrestling	7 Practice 4-6pm	8 David Wells Tourn. @ Louisa HS 1:15pm - Bus 4pm - Weigh Ins 5pm - Wrestling	9 David Wells Tourn. @ Louisa HS Overnight 8am - Weigh Ins 10am - Wrestling
10	11 Practice 4-6pm	12 vs. Tuscarora HS @ SBHS 5pm - Weigh Ins 6pm - Wrestling	13 Practice 4-6pm	14 Varsity Practice 4-6pm JV @ Wakefield HS 3:45pm - Bus Leaves 6-9pm - Wrestling	15 Practice 4-6pm	16 Warhawk Quad @ Madison HS 10am - Bus 11am - Weigh Ins 12pm - Wrestling
17	18 NO SCHOOL MLK JR. DAY Practice 4-6pm	19 Practice 4-6pm	20 vs. Briar Woods @ SBHS 5pm - Weigh Ins 6pm - Wrestling	21 Practice 4-6pm	22 Practice 4-6pm	23 Bulldog Duals @ SBHS 8:30am - Weigh Ins 10am - Wrestling
24	25 Varsity Practice 4-6pm JV - Conference 14 @ TBD	26 Practice 4-6pm	27 vs. Broad Run HS @ BRHS 4:30pm - Bus Leaves 5pm - Weigh Ins 6pm - Wrestling	28 Practice 4-6pm	29 NO SCHOOL* Practice 4-6pm	30 Practice 7-9am
31						

STONE BRIDGE HIGH SCHOOL WRESTLING 2015 - 2016

February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Practice</i> 4-6pm	2 <i>Practice</i> 4-6pm	3 <i>Practice</i> 4-6pm	4 <i>Practice</i> 4-6pm	5 <i>Practice</i> 4-6pm	6 Confernce 14 Championship @ Broad Run HS
7	8 <i>Practice</i> 4-6pm	9 <i>Practice</i> 4-6pm	10 <i>Practice</i> 4-6pm	11 <i>Practice</i> 4-6pm	12 Region 5A North Championships @ Orange County HS	13 Region 5A North Championships @ Orange County HS
14	15 NO SCHOOL PRESIDENT'S DAY <i>Practice</i> 4-6pm	16 <i>Practice</i> 4-6pm	17 <i>Practice</i> 4-6pm	18 <i>Practice</i> 4-6pm	19 VHSL 5A State Championships	20 VHSL 5A State Championships
21	22	23	24	25	26	27
28	29					